Hadley

I’ll Do It the Best I Can

Presented by Douglas Walker

**Douglas:** Hello, and welcome to the Insights and Sound Bites podcast, where people facing vision loss share insights about what has helped them cope and adjust.

**Voice 1:** You cannot do this alone. You need people who are experiencing the same thing.

**Voice 2:** Probably the hardest part was just navigating through the emotions of it.

**Douglas:** My name is Douglas Walker. A sudden loss of vision can throw us for a loop. Today we’ll hear from Sheri. Sheri will share with us how the love for her horses helped her find purpose and peace.

Sheri**:** This is Sheri Robinson. I am calling from Middlesex, North Carolina.

When I first lost my sight, it was so quick and so unexpected that it really threw me for a loop. So many things I did were visual, as far as painting and

reading, and cross-stitching. To have all that taken away, just I didn't know what to do with myself.

And the one thing that saved me were my horses because I still had to go out and feed them. They didn't care if I was blind or not, they still needed to be taken care of, and there was nobody else around to do it. So, I got innovative. I had my sister help me put a rope up from my dog fence to the barn, and so I could still go out and feed my horses.

So, I try not to be defeated. I go out every day thinking this I can do, and I will do it to the best I can. And I think that saved me more than anything.

**Douglas**: Was there something that someone said to you or something that happened along the way that made all the difference in the world in helping you adjust to living with vision loss?

We‘d love to hear from you if you’d like to share with us, just leave us a message on our Insights & Sound Bites voicemail by calling, 847-512-4867. Or, you can use your smartphone or computer and email us a recording to podcast@Hadley.edu. Again, my name is Douglas Walker. Take care and I’ll see you next time.