Hadley

Clothing

Ironing

When you look good, you feel good. And sometimes that means getting your clothes nicely pressed before you get dressed. So let’s look at some tips for ironing your clothes with confidence and care, no matter your level of vision.

As a first step, you’ll want to check the care tags in your clothes to see whether the fabric can be ironed. Using a magnifier can make it easier to read the tag. If you have a smartphone, you can use the built-in magnifier app to zoom in and see the details. Or you can use an app, like Seeing AI, to have the text read out loud. Check out our iPhone and iPad magnifiers workshop, and our Seeing AI workshop series for details.

If the thought of using a hot iron doesn't appeal to you, you can use a garment steamer instead, to get the wrinkles out of your clothes. Check out the Resources for a handout with tips on steaming your clothes.

Ed Haines: Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions, we're just a phone call away at 800-323-4238. Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus, it connects you to the Hadley community, and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts, like me. Now, where were we?