Hadley

Advanced Techniques for Better Reading Sample

In an earlier workshop, you learned about two-handed tracking and the beginning split hands technique. Now, let's build on those methods and learn some new moves that can help you read even more quickly and smoothly.

To begin, make sure you're sitting in a comfortable position with your reading materials on a table or a lap tray at about waist level. Rest your hands lightly on the page, relax your arms and shoulders, and scan the full page before you begin to read. Then move to the beginning of the first line with your fingers curved and your index fingers touching.

Let's look at a method called the intermediate split hands technique, which builds on the beginning split hands technique.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you, your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on, plus it connects you to the Hadley community, and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?