Hadley

Visiting Your Eye Doctor Sample

When it comes to managing vision loss, visits to your eye doctor increase in number and your anxiety about them may increase too. So we've got some tips to share to reduce the stress of appointments and help you get the most out of these visits too.

The first thing you can do when scheduling the appointment is let the office know if you'll need any special assistance. Then find out as much about the appointment as you can. For instance, how much time will the doctor meet with you? Will tests be done? What information will you need to bring with you? Do you need to bring your glasses, sunglasses, or low vision devices? Is there paperwork to be filled out? If so, ask to have the form sent to you in the mail or via email, so you can complete them at home. That way you can have privacy, take your time, and not feel rushed.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you'd prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off, and track your progress every time you log on. Plus, it connects you to the Hadley community, and helps sustain our funding to keep Hadley free of charge. And last, but not least, it gives you direct access to experts, like me. Now, where were we?