Hadley

Sewing

Threading a Needle Sample

Oh darn! You went to put on your favorite shirt and found a little rip in the seam. Sure, you know all it takes is a needle and thread to close it back up. It’s not a big deal. But let’s face it, you’re not looking forward to threading that needle. Well, hold that thought. We’ve got some tips that can help you safely thread needles with confidence no matter your level of vision.

Like with most tasks, for those with low vision, good lighting can make a big difference. An adjustable light can work wonders to brighten up your sewing area. And if you need a bit of magnification, there are magnifiers that come on a chain that rest on your chest for easy access.

And there are lamps with magnifying lens that let you keep both hands free. When using some magnifiers, you may find you’re holding the needle in an awkward position. And light bouncing off the needle can cause glare.

Ed Haines: Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions we're just a phone call away at 800-323-4238. Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you logon. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?