Hadley

Restaurant Dining Tips and Tricks Sample

That new restaurant you and your friends have been wanting to try, go ahead and make the reservation because by the time you're done here, you'll be all set to dine out confidently and independently, no matter your level of vision.

It's always a good idea to check out the menu beforehand. Nowadays you can find most menus on your computer or smartphone. You can also call the restaurant directly to find out about daily specials, and let them tell you what's on their menu. Whatever you choose, it's a great confidence booster to be prepared before you even walk in the door.

If you can, try to arrive a little early, and have someone in your party, or the host or hostess give you the lay of the land. For instance, where's the bathroom? Are there any stairs to deal with? What kind of seating do they have? Where will you be sitting? Things like that.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you'd prefer to talk through these questions, we're just a phone call away at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off, and track your progress every time you log on. Plus, it connects you to the Hadley community, and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts, like me. Now, where were we?