Hadley

Measuring Tips and Tricks Sample

The old adage “measure twice, cut once” has even more meaning when you’ve experienced vision loss. But it doesn’t mean you can’t continue to do home repairs or tasks that require accurate measuring, and do them without straining and tiring out your eyes. Just follow along to learn a few adjustments you can make to read the markings on a ruler or tape measure with confidence.

Sometimes, you just need a “guess-tament.” It doesn’t need to be exact. Well, you’ll be surprised at the many different things at your disposal to use for this kind of measuring. One of the most surprising is connected to your shoulder. Did you know that the length from your elbow to the tip of your longest finger is approximately 18 inches?

Or, that the width of your hand from the base of your thumb is approximately 4 inches?

And the length of your finger from the last joint to the tip is about an inch. Talk about a handy way to measure!

Ed Haines: Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course, if you prefer to talk through these questions we're just a phone call away at 800-323-4238. Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you logon. Plus it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?