Hadley

Nail Care Sample

Here are a few tips for nail care that work for folks with all levels of vision. First, trimming fingernails. But before you jump right in, there are some things you might want to think about.

Having the right tool matters so check your clippers to make sure they're sharp and large enough. It may help if you magnify what you're doing. A video magnifier or a lens mounted to a flexible arm or lamp might give your vision the boost you need.

**Ed:** Now that you've had a chance to learn a bit with us, we'd like to learn more about you. Your name, email address, how you heard about Hadley, and your relationship to vision loss. Learning more will give us a better understanding of how to personalize Hadley just for you. And don't worry, everything you share with us online will be kept safe and secure. Of course if you'd prefer to talk through these questions, we're just a phone call away, at 800-323-4238.

Taking these few steps saves your preferences so you can continue right where you left off and track your progress every time you log on. Plus, it connects you to the Hadley community and helps sustain our funding to keep Hadley free of charge. And last but not least, it gives you direct access to experts like me. Now, where were we?